

STRAWBERRY KIWI POPSICLES

1 pt. vanilla frozen yogurt, softened
3 c. strawberries, rinsed and hulled
2 t. sugar
5 kiwi, peeled and chopped

In a food processor, purée strawberries and sugar together.



Pour softened frozen yogurt into a medium bowl and whisk to remove clumps. Place a fine mesh sieve over bowl and pour strawberry purée through to remove seeds, pushing through sieve with the back of a spoon. Whisk together to combine.

Divide chopped kiwi into 10 equal groups.

Pour a small amount of yogurt-strawberry mixture into the bottom of each popsicle mold. Place one bunch of kiwi into each mold. Fill close to top with more yogurt-strawberry mixture. Using a knife, or a frosting spatula, gently plunge down into filled mold to release any air pockets caused by the fruit. Add additional yogurt-strawberry mixture to fill to top.

Insert sticks. Freeze.

Makes 10 popsicles.