

PINA COLADA POPSICLE

For an alcoholic version of this popsicle, soak the pineapple in rum for a few hours before adding to other ingredients.

- 1 pt. vanilla frozen yogurt, softened
- 1—14 oz. can coconut milk
- 1/2 of an 8 oz. can crushed pineapple
- 1/2 c. shredded coconut

In a medium-size bowl, blend together the softened frozen yogurt and the coconut milk until smooth and pourable.

Stir in crushed pineapple and shredded coconut.

Pour mixture into popsicle molds. Insert sticks. Freeze.

Makes 10 popsicles.

