



AGE APPROPRIATE CHORES FOR KIDS

PRE-SCHOOLERS (3-5 YEARS OLD)

- making beds together
- sorting laundry
- putting books on a shelf
- emptying small trashcans
- feeding pets (with supervision)
- simple kitchen tasks (wiping counters, helping with cooking, etc.)
- dusting baseboards
- watering outdoor potted plants
- picking up their toys

SCHOOL-AGE KIDS (6-12 YEAR OLDS)

- caring for a pet
- cleaning their room
- setting the table
- cleaning out the car
- helping with cooking (a great time to learn cooking skills!)
- emptying and loading the dishwasher
- hand washing and drying dishes
- sorting laundry
- leaf raking
- weed pulling
- taking out the trash
- making their bed
- wiping bathroom surfaces

TEENS (13-18 YEAR OLDS)

- ironing their own clothes
- laundry
- car washing
- window cleaning
- dog walking
- helping paint rooms
- helping with grocery shopping (13-16 year olds)
- grocery shopping (17-18 year olds)
- cleaning bathrooms
- changing their own bed sheets
- all housecleaning
- running errands
- babysitting younger siblings
- filling car with gas
- watering outdoor plants
- writing family thank you notes
- mowing grass
- gardening